



COVID-19 Operational Plan

Recreational Program

Pre-Competitive Program

Competitive Program

Last updated: September 8, 2020

Last updated: January 1, 2021

Last updated: October 17, 2021

Last updated: December 28, 2021



COVID-19 Operational Plan

We are pleased to offer training this season for our twirlers. We are committed to providing a safe environment for our members and will update our COVID-19 Operational Plan as prevention and protection measures evolve.

The details included in this plan will outline the strategies in place to diminish the risk of spreading disease. It will follow all provincial government guidelines and will remain in place until further notice. Any changes or modifications to the plan will be communicated clearly and thoroughly to all.

Minimum public health measures are required in order to keep yourself and others healthy. Our new norm during this pandemic includes:

Masks

- Please note that face masks are required for anyone entering the building. Athletes, parents and coaches should arrive with their face mask on as well as after training is complete. **Mandatory as of September 22, 2021, in indoor spaces.**

Physical distancing

- We will adopt the rules of physical distancing between athletes and between athletes and coaches of 2 meters apart (6 feet). **All reasonable attempts shall be made to respect physical distancing measures except for brief contact.**
- We will limit the presence of others accompanying the athletes (ie: parents); they will be dropping off/picking up athlete by staying in the vehicle or outside the building.
- We will review the rules of physical distancing with the athletes/coaches before each training session.

Cleaning and disinfecting

- We encourage athletes to wipe down water bottle, and batons before and after each training session.
- Athletes will be required to have a gym bag or baton bag with them where they will keep all of their personal belongings for the duration of the practice.
- Athletes should have their training attire on and should be prepared for training when they arrive (this includes having hair in a bun).
- **Pair, Duet and Team training athletes will wipe down batons before and after each training session.**
- **Facility door knobs, railings, washrooms and mats are disinfected before each class.**

Hand and respiratory hygiene

- Athletes and coaches will wash their hands with an alcohol-based disinfectant or with soap and water upon arrival. They will also repeat this at the end of each training sessions.
- Disinfectant pumps will be made available to athletes and coaches. Athletes can also bring their own.

- Wipes will be made available to athletes and coaches. Athletes can bring their own wipes.
- Proper hand hygiene/hand washing protocols will be reviewed with the participants before each training sessions.
- Cough or sneeze in a tissue or the bend of the arm.
- Dispose tissues immediately and wash hands.
- Avoid touching the eyes, nose or mouth.

Screening for symptoms

Prior to arriving at the facility families are responsible for reviewing the Department of Health/Department of Early Childhood Development Screening Questionnaire.

Please only send your child and/or family member to class if the outlined criteria in the screening questionnaire have been met.

Anyone who is either symptomatic or has been advised by public health to self-isolate, will not be allowed to enter the facility. As an added precaution, the following pre-screening measures will be required of participants and staff members before entering the building:

- At check-in, participants and staff will be actively screened using the “Screening Questionnaire for COVID-19” available on GNB website and will have their temperature taken. **Baton Atlantik will continue to take temperature during each class.**
- PLEASE NOTE: If an athlete falls ill during a class and a family member is not present, parents will be contacted immediately and the participant will wait in a designated area for pick up.
- Clear and accessible daily records of all members will be kept on file to allow for effective contact tracing should a positive case be identified at the facility. **While collection of names is no longer required, we will keep an attendance lists to assist contact tracing efforts in the event of a positive case.**
- Athletes and coaches will be advise not to come for a training if they meet even one of the following symptoms:
 - ◆ Signs or symptoms such as fever, cough, sore throat, headache, runny nose, diarrhea, loss of taste or smell, new onset of fatigue or muscle pain, or in children, purple markings on the fingers and toes.
 - ◆ Return from a trip outside the Atlantic **Province** within the last 14 days.
 - ◆ Positive COVID-19 test within the last month or awaiting results of a COVID-19 test.
 - ◆ Close contact with a confirmed or probable case of COVID-19 within the last 14 days.

1. Should there be an exposure to the virus, Public Health via contact tracing efforts will provide guidance to affected individuals. Isolation and testing requirements will depend on the level of exposure as well as the vaccination status of affected individuals.

Unless an individual receives a Public Health directive or if there is a declared case at a school*, there are no restrictions in the Mandatory Order preventing baton activities for children 11 & under to operate. Organized sports and all other organized activities for children under age 12 are not permitted. * For those 12 and older, practices only for a single team at a time

2.

1. * When there are outbreaks in schools, public health and school directives may be different

depending on the circumstances. Usually when a case is discovered in a school, they must close to conduct contact tracing, testing, and cleaning. If the students have been advised that the school is closed due to a COVID-19 case, all students regardless of vaccination status must suspend participation in baton activities upon notification of the outbreak and on the following day unless they have been directed otherwise. Once contact tracing is completed, it is possible that some schools will remain in virtual learning for other operational reasons. Unless the school communicates that contract tracing efforts will be extended, participation may resume depending on the individual circumstances below:

- Students who have been told by Public Health to isolate must not attend baton activities until cleared by Public Health.
- Students who are fully vaccinated and have no COVID-19 symptoms can attend baton activities unless directed otherwise. In line with current Public Health guidance, a fully vaccinated student who is identified as a close contact must self-monitor for a prescribed period of time. If they have at least one symptom, they must stay home, self-isolate and get a PCR test with Public Health
- If a communication from the school directs vaccinated students to “self-monitor,” these students may resume their baton activities as long as they do not have any symptoms of COVID-19.
- If unvaccinated students are participating in the POCT (point-of-care test) commonly known as “rapid test” program to attend school, they may participate in baton activities as long as students do not have any symptoms of COVID-19 and have a negative POCT result taken on that same day. In this case, Baton Atlantik is not expected to validate the negative test. The onus is on the student/family to follow directives of the Public Health Act and the Mandatory Order.
- If a school communication informs unvaccinated students who are not participating in the POCT program to “self-isolate”, students must not attend baton activities until after the isolation period is over. Baton Atlantik should adhere to those directions but may adopt stricter requirements if they feel it is required.

Proof of vaccination

1. As of September 22, 2021, the Provincial Government requires Proof of vaccination from people aged twelve years and over to access sporting activities.
 - <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/nb-vaccine/Proof-of-Vaccination.html>
 - This includes athletes, parents, coaches, volunteers, officials, etc.

2. It is strongly recommended that clubs adopt a policy that addresses providing Proof of Vaccination.
3. This proof must include two doses of a COVID-19 vaccine.
4. Clubs do not need to validate the timing between or after doses (ie. Clubs are not required to wait fourteen (14) days after the second dose).
5. Clubs are required to see an official record of immunization with a piece of Government issued identification (driver's license, Medicare card, birth certificate, etc.). A record of immunization can be obtained from MyHealthNB portal, the RHA clinic or pharmacy that gave the vaccine, a record from Public Health, or proof of vaccination from another jurisdiction. A copy or picture of the original is acceptable
6. Twirlers born between July 1st, 2009, and December 31st, 2009, may continue participating and have until October 31st to get their second vaccine.
7. Participants born on November 1st, 2009, or later have 60 days after their 12th birthday to be fully vaccinated before requirements to show proof of vaccination.
8. Proof of a negative test cannot be used instead of a proof of vaccination
9. Although rapid testing will be used for school outbreaks starting October 12th, proof of a negative test cannot be used instead of vaccination for participants, volunteers, or spectators. Under the direction of only the Public Health team, proof of a negative test may be used to determine whether a vaccinated participant or child 11 & under can resume activities in the event of a close contact.
10. For twirlers under 12 years old whose parents/guardians are not vaccinated, another guardian/adult may accompany them. This person must provide a proof of vaccination.
11. For club programs where participants are consistent, proof of vaccination does not need to be provided each time they attend the activity. Rather, this can be done upon registration, but Clubs or coaches must be able to demonstrate compliance if asked.
12. Individuals 12 years and over who cannot receive a vaccine because of a medical exemption, will be required to show a medical certificate of exemption signed by a healthcare provider.

Baton Atlantik will continue to monitor any changes made by the Government of NB and Public Health.

We appreciate your patience and cooperation. We believe that, with everyone's support, we can maintain a safe, healthy and happy environment for our athletes.